

Please carefully read the below in its entirety before confirming your registration for Jameel Arts Centre's Rooftop Rest and Relaxation session on Friday November 5, 2021 from 6:30 - 8:00 pm.

I, the registrant, understand that there will be filming and photography at this event.

If at any time during the session I feel discomfort or strain, I will gently come out of the pose and return to normal breathing. I may rest at any time during the session.

I, the registrant, understand that this session is not a substitute for medical attention, examination, diagnosis or treatment. I will consult a physician prior to beginning any activity programme. I recognise that it is my responsibility to notify the facilitator of any serious illness, allergy or injury before the session. I will not perform any movement or postures to the extent of strain or pain. I accept that neither the facilitator nor Art Jameel are liable for any injury or damages to person or property, resulting from participation in Jameel Arts Centre's Rooftop Rest and Relaxation session on Friday November 5, 2021 from 6:30 - 8:00 pm.

**Registrant Waiver**

1. I agree to inform the facilitator of any changes in my health and medical condition during the session. I understand there shall be no liability on Art Jameel or the facilitator's part if I fail to do so.

2. This release and any disputes or claims arising out of or in connection with it or its subject matter (including non-contractual disputes or claims) are governed by and construed in accordance with the laws of the United Arab Emirates. Its courts shall have exclusive jurisdiction.

By submitting this registration, I hereby waive and release the facilitator as well as Art Jameel from any and all liability, past, present and future relating to the Jameel Arts Centre's Rooftop Rest and Relaxation session on Friday November 5, 2021 from 6:30 - 8:00 pm.

**Breathwork Waiver**

I, the registrant, understand and acknowledge that the discussions, consultations and breathwork session(s) and teaching(s) I experience within this session:

- are not intended to replace any relationship I have with my medical doctor and/or primary health care provider(s); - are not intended to constitute medical advice or any substitution for

medical care; - are not intended to be relied on for prescriptions, recommendations, diagnosis or treatment in relation to any health problem or disease;

I understand that if I am taking any medications or have any medical conditions such as, but not limited to: schizophrenia, bi-polar, epilepsy, heart conditions, or pregnancy, I must advise the facilitator. I also understand that even though I have been accepted as a participant, I am responsible for any consequence resulting from any and all session(s).

I certify that I have consulted a health professional regarding any condition physical, mental or emotional that could interfere with my judgment, or affect my health in any way during or after any and all session(s). I understand and acknowledge that I am responsible for consulting my health care provider or doctor in case I have or suspect to be suffering from a health problem.

**Addendum: COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact.

In line with UAE government guidelines, Art Jameel has put in place preventive measures to reduce the risk of spread of COVID-19. Still, Art Jameel cannot guarantee with absolute certainty that you will not be exposed to COVID-19 while attending Jameel Arts Centre's Rooftop Rest and Relaxation session on Friday November 5, 2021 from 6:30 - 8:00 pm, or the tour preceding it.

Assumption of risk: By submitting this registration application, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, and that such exposure or infection may result in personal injury, illness, permanent disability and death.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury, illness, damage, loss, claim, liability or expense, of any kind, that I may incur.

Waiver of liability: I hereby release, covenant not to sue, discharge and hold harmless the facilitators, Art Jameel, its employees, agents and representatives, from all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to COVID-19.

**Cancellation**

If you are unable to attend, kindly notify us as soon as possible by emailing [rsvp@artjameel.org](mailto:rsvp@artjameel.org) so that we may offer those who have been waitlisted the opportunity to attend

**Important notice:** Upon completing your registration for Jameel Arts Centre's Rooftop Rest and Relaxation session on Friday November 5, 2021, from 6:30 - 8:00 pm, you acknowledge and accept the terms and conditions outlined above.