

DOWN TO EARTH FULL PROGRAMME

SUSTAINABILITY PARTNER: BEEAH TANDEEF

SUNDAY NOVEMBER 27, 2022

(10am - 8pm)

All sessions are free and open to the public on a first-come, first-served basis.

MARKETS & POP-UP EATERIES

ALL DAY | *The Green Bazaar*, Creekside | Looking to shop consciously? Don't miss our Green Bazaar. You'll find a selection of must-haves from the greenest of plants to one-of-a-kind ceramics. Nurture sustainability as you support the growth of local and small businesses.

ALL DAY | *UAE Farmer's Market*, Creekside | Teible, the farm-to-table restaurant located at Jameel Arts Centre launches a UAE Farmer's Market. Following Teible's eco-conscious initiatives, the market is a refreshing break from your weekly supermarket run. Shop organic from native farmers offering fresh and seasonal produce directly to the community while raising awareness about sustainable practices.

ALL DAY | *HERE-O Donuts, Teible, The Ice Cream Shop* and *Soul Sante Cafe*, Green Bazaar | Satisfy your cravings and indulge in our selection of light bites and refreshments or have a picnic in our designated area across the Jaddaf Waterfront Sculpture Park.

ALL DAY | Special Activation: *The Alchemy of Dyeing* with Nahla Tabaa and Mehru Khan, Green Bazaar | Join the Alchemy of Dyeing to create your own custom textiles. Choose the flavours, colours and 'toppings' of your choice and witness the alchemical process of dyeing. Watch as your choices come to life, unravel, finish and seal the magic of your custom-dyed textile ready for you to take home. If you're curious, ask the team any questions about the process!

ALL DAY | Special activation: *Faire Trade* in collaboration with Farah Ali, Sculpture Park | Visit the interactive community 'barter trade' where everything is priceless and completely sustained by its visitors! Drop off new or preloved items gathering dust at home and barter them for any item that spikes your interest; from books to a funky cute top! Faire Trade aims to encourage community-spirited interactions through the sustainable and circular exchange of your onceloved belongings.

ALL DAY | Special activation: *Bootleg Griot* in collaboration with Ronald Ekore, Creekside | Looking for a place of solace? Visit the flora of Bootleg Griot to nourish your mind with our carefully curated selection of pre-loved books and your soul with our serene playlist.

AT THE JAMEEL

ALL DAY | Jameel Arts Centre exhibitions, Galleries | See 'An Ocean In Every Drop'; 'Proposals for a Memorial to Partition'; 'Library Circles: Rashed Qurwash' and Artist's Garden *Desert is a Forest*.

11:00 AM - 12:00 PM | Tour: ***An Ocean in Every Drop*** with Jameel Exhibitions Team, Lobby | Join the Art Jameel Exhibitions team for a guided walkthrough of [An Ocean in Every Drop](#), a group exhibition with artists from around the globe asking us to think with water, following its flows through the past to inform our present. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

12:30 PM - 1:00 PM | Reading: ***Children's Reading Session***, Jameel Library | Kids of all ages can enjoy a live storytime reading in the Jameel Library. Featuring books from the 'Down to Earth' reading list, the stories invite the audience to consider their natural environment, and their ability to reuse and think creatively. (Age 5+; advisable for children to be accompanied by an adult)

1:30 PM - 2:30 PM | Tour: ***Artist's Garden*** with Nadine El-Khoury, Lobby | Join Art Jameel curator Nadine El-Khoury for a tour of [Desert is a Forest](#), the Artist's Garden by Sunoj D and Namrata Neog. Learn about how the garden tells the story of the UAE's plant ecology and nutritional habits and get a preview of the upcoming digital Artist's Garden, increasing the longevity and interactivity of this ecological project. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

2:00 PM - 3:00 PM | Tour: ***An Ocean in Every Drop*** with Jameel Exhibitions Team, Lobby | Join the Art Jameel Exhibitions team for a guided walkthrough of [An Ocean in Every Drop](#), a group exhibition with artists from around the globe asking us to think with water, following its flows through the past to inform our present. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

DROP-IN ARTS ACTIVITIES FOR ALL AGES

ALL DAY | Drop-in Making workshop: **DIY Terrariums**, Lobby | Learn about self-regulating ecosystems and plant processes using just an old container and a few materials! Create your own terrarium to take home and watch grow. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Drop-in Making workshop: **Flower Clay Printing**, Lobby | Celebrate nature by preserving the beauty of flowers: make your own floral fossils in this clay printing workshop! (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Drop-in Making workshop: **Pet Rock**, Lobby | All you need is a rock, some markers and your imagination to create yourself a perfect pet, a rock. We've got many of our pet friends hidden in the sculpture park. See how many you can find and you might win a prize! (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Drop-in Making workshop: **Trash to Treasure** by Design By Mariska, Lobby | Get inspired by upcycling an everyday waste item into your very own superhero, unicorn, lion or elephant. This fun workshop is designed by artist and environmentalist, Mariska Nell. Participants will walk away with their own upcycled craft piece. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Drop-in Making workshop: **Mini Fold-out Gallery**, Lobby | Everyone is an artist, if given a gallery! Take a tour of our current exhibition 'An Ocean in Every Drop', and draw your creative response to the show in your own mini fold-out gallery. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Family workshop: **Nature's Touch** with YallaPlay, Sculpture Park | Release your inner child with YallaPlay with open-ended play opportunities for children, young people and adults with sensory tuff trays that bring books or particular themes to life, using as many natural materials as possible. Join in for a chilled out time and remember that if children get messy it means they've enjoyed themselves! (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

ALL DAY | Special activation: **Jaddaf Community Garden**, Sculpture Park | A call to all *green thumbs*! Join and connect with friends at the Jaddaf Community Garden in planting a variety of fruits, vegetables and herbs. Explore the surrounding park in Al Jaddaf and join info sessions to hear more about the current programme *My Winter Garden*. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

TALKS, WORKSHOPS AND DEMOS

10:00 AM - 1:00 PM | Demonstration: ***Give a Ghaf*** with Goumbook, Grow and Tell Creative Stations | The “Give a Ghaf” tree planting programme, an initiative by Goumbook invites children to plant 200 Ghaf seeds of the UAE national tree, known as a symbol of resilience and tolerance. This demonstration is an opportunity to nourish the UAE’s heritage and contribute to sustainably greening the communities of the future. (Age 5+; advisable for children to be accompanied by an adult)

10:30 AM - 11:30 AM | Mindfulness workshop: ***Kids Meditation and Dance*** with Natasha Rooney, Sculpture Park | Join Natasha Rooney for a deeply rewarding and mindful experience of movement & meditation for children, connecting their body with breathing as a whole in a creative way, giving them tools and insights allowing them to explore what they are feeling through movement authenticity. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

11:00 AM - 11:45 AM | Family workshop: ***DIY Natural Deo*** with Glitches & Stitches, Project Space | Join Natalya Konforti to learn how to make your own natural deodorant free from toxins like and parabens. Get messy and tweak the recipe to suit your preferences using ingredients you know. You’ll be reducing waste and saving money! Participants will each leave with their tub of deodorant and the recipe. (Ages 6+; advisable for children to be accompanied by an adult)

11:00 AM - 12:30 PM | Demonstration: ***Bowl Set*** with Discus.ae, Green Bazaar | Join Cindy Crayon, a resident aquascaper for a demonstration geared for beginners and kids to guide the audience in creating an easy planted bowl that uses natural materials and can self-sustain with minimal maintenance for a pleasant and long lasting experience. (Open to all ages; advisable for children under 10 years old to be accompanied by an adult)

12:00 PM - 1:00 PM | Family workshop: ***Save the Scraps!*** with Hala El Abora, Project Space | Join Hala El Abora, an interdisciplinary artist for a creative, and sustainable approach to textile waste. Participants will be using fabric scraps that would otherwise be thrown away. Give life to these materials by creating colourful collages to take home. (Ages 10+; advisable for children to be accompanied by an adult)

1:00 PM - 1:45 PM | Family workshop: ***Paper Clay Sculpting*** with Quarter Moon Studios, Project Space | A creative workshop where participants have the opportunity to sculpt and mold their own pieces to take home, using paper clay. Paper clay is versatile, strong and lightweight – made of papier mache mixed with natural ingredients like clay and flour for sturdier builds. Come prepared to nurture your inner child and get messy during this workshop. (Ages 15+)

1:30 PM - 3:00 PM | Demonstration: ***Build a Junkbot*** with Junkbot, Grow and Tell Creative Stations | Technology is the need of the hour, in this process we often ignore our environment. This demonstration is an awareness program by integrating environment and technology. Participants will build a working robot using recyclable materials around them. First, they will convert the junks to robotic shape and then connect it with a robotic component to put the robot into action. (Ages 6+; advisable for children to be accompanied by an adult)

2:00 PM - 3:30 PM | Demonstration: **Rainforest Paludarium** with Discuss.ae, Green Bazaar | Join aquascaper and artist Huzefa Goga for a demonstration of building a semi-aquatic habitat, a type of vivarium that combines terrestrial and aquatic elements in the same enclosure where both plant and micro animal species can flourish. This natural and creative environment replicates wetlands and streams, allowing us to bring a piece of the rainforest into any living space. (Open to all ages; advisable for children to be accompanied by an adult)

3:00 PM - 4:00 PM | Family workshop: **Sustainable Talli Weaving** with Irthi Contemporary Crafts Council, Project Space | Join Irthi Contemporary Craft Council to learn about the traditional Emirati craft "Talli" by braiding Talli threads, focusing on "Sayer Yay" technique, to create their own bracelets using recycled threads and plastic strips. Participants will leave with unique, environmentally-friendly bracelets to take home. (Ages 10+; advisable for children to be accompanied by an adult)

3:00 PM - 5:00 PM | Special activation: **Urban Sketchers**, Sculpture Park | Join Manupriam Seth with your sketchbooks to get closer to your environment as you sketch on location capturing the space, details, people, and activities. These sketches are shared with a worldwide following of Urban Sketchers spread across more than 360 cities.

3:00 PM - 6:00 PM | Special activation: **Live Sneaker Painting** with Shoevenir, Green Bazaar | Charlotte Hudders, a Dubai-based artist known for her customisations and live art, will be painting nature-inspired designs on Shoevenir's vegan sneakers, launching here at Down to Earth! Stick around for personalisation requests from an art menu for all and buy your own unique pair of Shoevenir sneakers!

3:30 PM - 4:00 PM | Demonstration: **Underwater Gardening** with Discuss.ae, Green Bazaar | Learn how building a miniature underwater garden allows any person to experience the beauty of natural plants and arranging your own scape regardless of the space available. It can be on a desk, a nightstand, or any surface within a room. (Open to all ages; advisable for children to be accompanied by an adult)

3:30 PM - 4:30 PM | Demonstration: **Buy. Eat. Throw-Regrow!** with HeroGo, Grow and Tell Creative Stations | Wondering how to make the most of your groceries? HeroGo has answers! Join this session with the experts to learn how to store your food better and how to reduce food waste by embracing food you already have!" (Open to all ages; advisable for children to be accompanied by an adult)

3:30 PM - 4:30 PM | Family workshop: **The Fictional Recipe & Picnic** with Moza Al Matrooshi, Sculpture Park | Drawing on short writing exercises and prompts given in previous workshops, The Fictional Recipe presents more quick methods in putting pen to paper and getting unstuck when it comes to writing. The workshop requires participants to bring a personal ingredient with them to a picnic hosted by Moza Almatrooshi, and use this ingredient as the main object that will activate and nourish their literary imaginations. The workshop is open to adults and young adults at all levels of writing. (Ages 13+)

4:00 PM - 7:00 PM | Demonstration: **Nature Aquarium** with Discus.ae, Green Bazaar | An elaborative demonstration of a design inspired by the late Japanese artist Takashi Amano, worldly known as “The Master of Aquascape”. With a layout recreating an ecosystem using natural materials such as mountain rocks, drift woods, special substrates, and a combination of plants which grow on hard surfaces and from the ground for a unique encounter to witness from start to finish. (Open to all ages; advisable for children to be accompanied by an adult)

5:00 PM - 6:00 PM | Demonstration: **Fermentation 101** with Sondos Azzam, Grow and Tell Creative Stations | We invite you to join Sondos Azzam in casting a spell on some fruit, vegetables, herbs and a jar, to uncover your own edible terrarium! This demonstration cooks up a storm through time, patience and the process of fermentation working its mystic ways to surprise us into understanding cohabitation in our own environments. (Ages 10+; advisable for children to be accompanied by an adult)

5:00 PM - 6:30 PM | Talks: **More with less: Sustainable interactions with water** featuring Saeed Alhassan, Deema Khoury and Rukhsana Kausar, Amphitheatre | Presented by SOMA MATER the talks programme hosts three brief interventions followed by a panel of experts looking at sustainable interactions with water. Saeed Alhassan from Manhat unpacks how we draw water from air to nurture our food. Deema Khoury from Dibba Bay Oysters dives deep into embracing the untapped resources of the sea. Rukhsana Kausar encourages cities to drop their plastic bottle habits as part of her work in Liquid of Life. Together, they sit with Greg Ohannessian, partner at SOMA MATER, for a group discussion on how we may holistically value water in our time.

7:00 PM - 7:30 PM | Demonstration: **The Aquatic Planting Process** with Discus.ae, Green Bazaar | An informative talk on the growth pattern of different species of aquarium plants and basic requirements. Covering the different subfamilies, size groups, and difficulty levels including how each group is used best and the benefits some have over others. (Open to all ages; advisable for children to be accompanied by an adult)

7:00 PM - 8:00 PM | Mindfulness workshop: **Meditation/Sound Healing** with Muskaan Adnani, Roof Terrace | Inspired by the ease and flow of nature, we will move through gentle stretches followed by breath work, meditation, and sound immersion. We take the time to ground ourselves and connect with our body and then experience the healing sounds of the handpan. (Ages 12+)